

# Fabrication of Provisional restoration for single tooth implant – Index method

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## **ABSTRACT:**

*Dental implant supported restoration is one of the successful treatment option to restore totally or partially edentulous arches. After implant placement a traditional loading period of 3 to 6 months is recommended for implant restoration. Immediate loading of implant is one of the ways of eliminating the traditional healing period. immediate provisionalization of an implant is needed for the patient to provide tooth like structure to satisfy the patient desire to replace missing tooth. Various techniques have been described in the literature for a successful fabrication of a provisional restoration at the time of implant placement. Indexing an implant at the time of surgery can facilitate the placement of a provisional restoration earlier in the healing period or after implant in the healing period or after implant exposure. This article describes a method of fabricating cement retained provisional restoration immediately after implant placement.*

*Key words: Dental implant, Immediate loading, Partially edentulous arches, Immediate provisionalization, Provisional restoration.*

## **Introduction:**

Dental implant supported restoration is one of the successful treatment option to restore totally<sup>1-3</sup> or partially<sup>4-6</sup> edentulous arches. After implant placement a traditional loading period of 3 to 6 months is recommended for implant restoration. Immediate loading of implant is one of the ways of eliminating the traditional healing period. Immediate loading has been applied in implant supported over denture<sup>8-11</sup>, Full arch cement (or) screw retained Maxillary<sup>12-16</sup> and mandibular<sup>17, 18</sup> denture or partially edentulous<sup>19-20</sup> arch. This due to the time between the implant placement and the restoration for the patient is not optimal to be without restoration.

However immediate provisionalization of an implant is needed for the patient to provide tooth

like structure to satisfy the patient desire to replace missing tooth. The advantage of immediate or early provisionalization of implants are maintenance of interdental space, developing the gingival sulcus and contours, patient comfort by eliminating a removable partial denture, elimination of second stage surgery and the improvement of patient acceptance, immediate function in selected situations and improving esthetics<sup>21</sup>.

Various techniques have been described in the literature for a successful fabrication of a provisional restoration at the time of implant placement. Indexing an implant at the time of surgery can facilitate the placement of a provisional restoration earlier in the healing period or after implant in the healing period or after implant exposure. This article describes a method of fabricating cement retained provisional restoration immediately after implant placement.

### **Case Report:**

A 40 year old female was reported to Department of Prosthodontics Tagore Dental College and Hospital with the chief complaint of missing tooth in the right maxillary posterior region. On examination patient had missing tooth in the 16 region. Patient had lost the tooth 6 months back due to periodontal problem. Various treatment plans was explained to the patient to replace the missing tooth in the 16 region, finally the patient was opted the implant supported fixed prosthesis. The final treatment plan was to treat the partially edentulism with a single root form implant.

The steps were followed:

- I.** A diagnostic impression was made before the implant placement. Cast was poured in type I dental stone. A diagnostic setup was done to evaluate the restorative crown height and width.(Fig.1)
- II.** A Diagnostic radiograph (Orthopantomogram) was made to know the height of the available bone and bone mapping was done to evaluate the width of the available bone to place an appropriate root form implant.
- III.** A clear acrylic custom made index was made in the maxillary right quadrant. An occlusal hole was made in the corresponding edentulous region.(Fig.2)
- IV.** After the implant placement, implant mount was left in the implant. Clear acrylic index was placed intra orally and the autopolymerising resin was applied between implant mount and the clear acrylic custom made index.(Fig.3)
- V.** After polymerization of the acrylic resin, the template was removed, an acrylic resin, the template was removed. An implant analog was clipped onto the implant mount.(Fig.4)
- VI.** An access hole was prepared in the edentulous region of the diagnostic cast to receive the implant analog. The custom made acrylic stent was seated in the cast. The space

between the implant analog and model was filled with acrylic resin for the provisional crown fabrication.(Fig.5)

- VII. Provisional crown was cemented in the patient mouth proximal contacts and occlusion was verified in centric and eccentric occlusion.(Fig.6)

### Discussion:

This technique offers the alternative method of fabricating cement retained provisional crown extra orally for immediate loading of implants. Fabrication of this technique eliminates the need for impression and the laboratory work like cast pouring time material expenses are eliminated and the less intra oral adjustment when compare to the method described earlier.

This cement retained provisional offers the advantage over screw retained provisional crown offers the advantage over screw retained access hole in the anterior tooth due to esthetics<sup>4</sup>. This technique also eliminates the laboratory work and required clinical time compare to a conventional procedure.

### Summary:

Immediate loading of implants are mostly successful in the mandibular anterior region. A good primary stability, Implant design, cross arch stabilization and the occlusion, these are the factors which determine the implant for immediate loading of implant to be successful. In this technique a good primary stability was achieved, broder interproximal contacts were provided and occlusal clearance was to reduce early micro movement of the implant due to occlusal load. Implant indexing technique offers immediate provisionalization and to develop the gingival sulcus and the immediate placement of definitive restoration after the implant has been integrated.

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Fig.1.Diagnostic Set-up



Fig.2. Acrylic Index with Occlusal hole

Fig.3 Acrylic Index Connected with Implant mount



Fig.4 Implant mount was connected to implant analog



Fig.5 Implant analog was placed in Diagnostic model



Fig.6. Provisional Crown Cementd

